



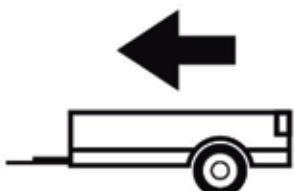
2012 -

HONDA CR-V

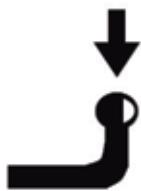
Cat. No. H/023

e20

E20*55R-01



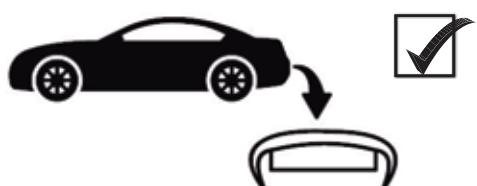
2000Kg



100Kg

D = 10,39kN

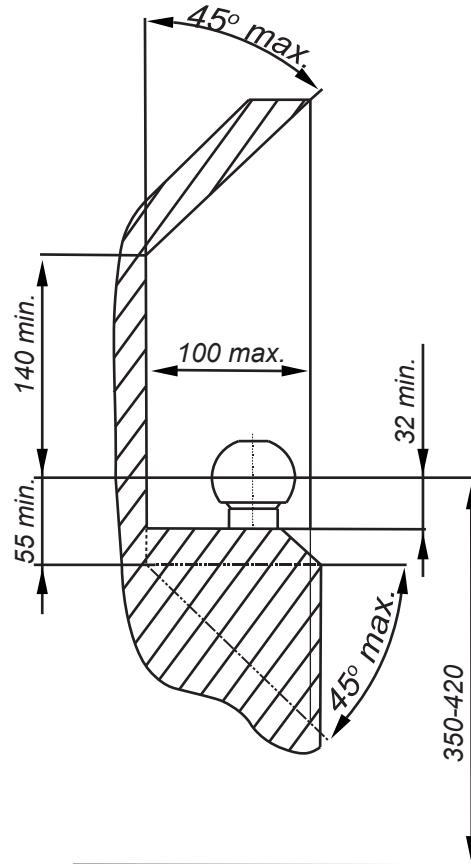
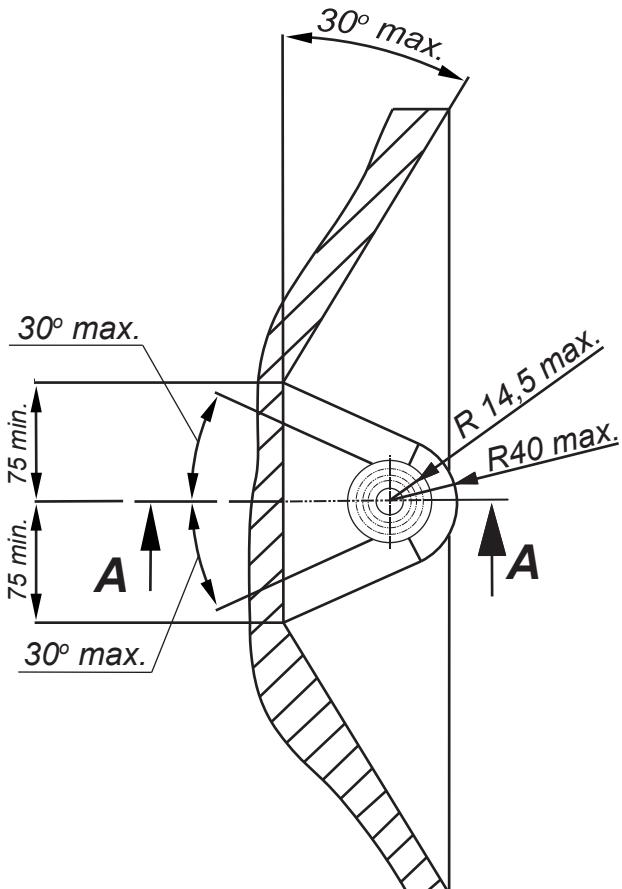
$$D \text{ (kN)} = \frac{\text{MAX kg} \times \text{MAX kg}}{\text{MAX kg} + \text{MAX kg}} \times 0,00981$$



IMIOLA HAK-POL

96-111 KOWIESY, CHOJNATA 23A, POLAND
tel. +48 46 831 73 31, fax +48 831 74 29
e-mail: office@imiola.pl, www.imiola.pl

PRZEKRÓJ A-A



PL Należy zagwarantować przestrzeń swobodną według załącznika VII, rysunek 25a/b Regulaminu EKG ONZ 55.01 przy dopuszczalnym ciężarze całkowitym pojazdu.

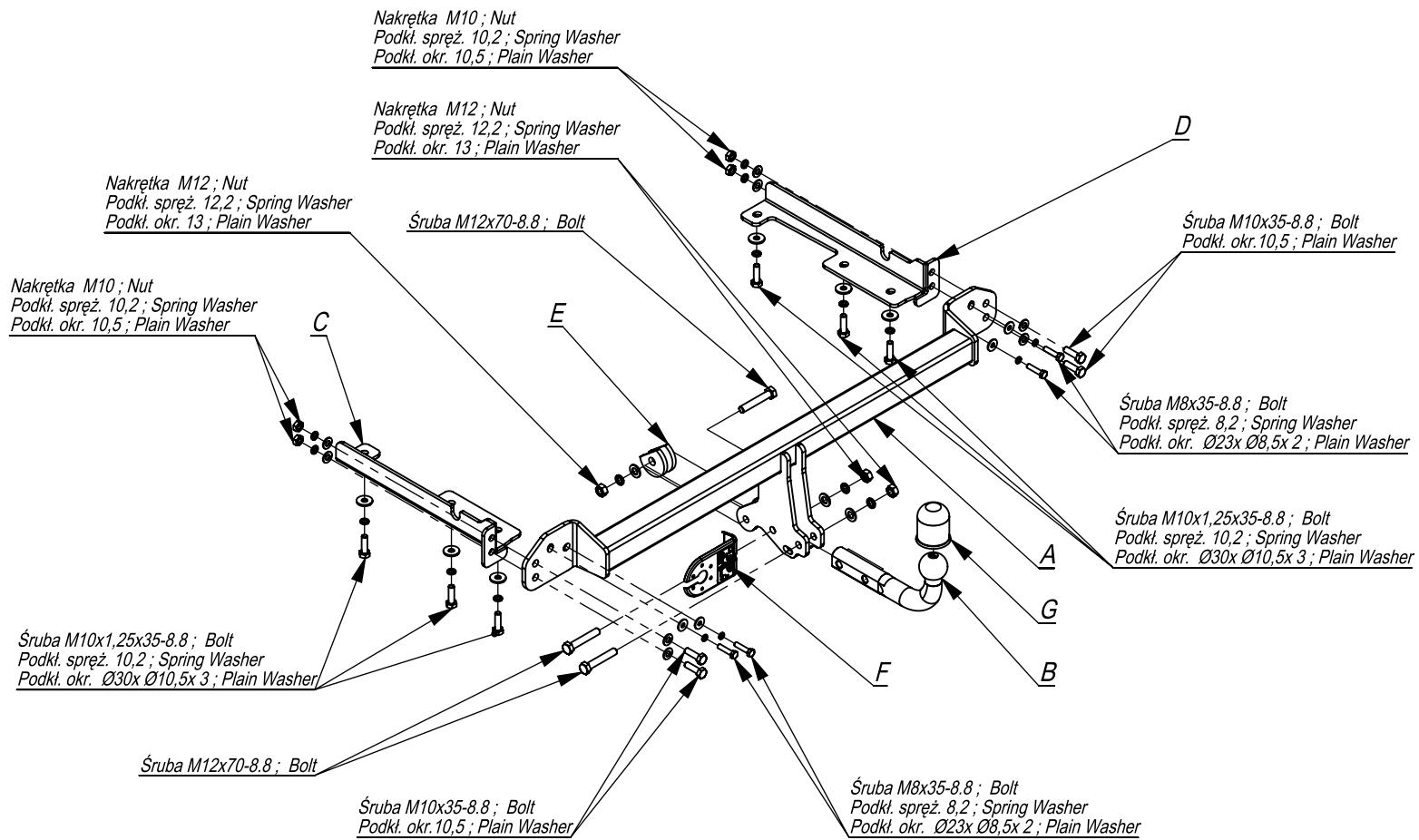
F L'espace libre doit etre garanti conformement a l'annexe VII, illustration de la reglements 55.01 CE pour un poids total en charge autorise du vehicule.

GB The clearance specified in appendix VII, diagram 25a/b of Regulation No. 55.01 UN EU must be guaranteed at laden weight of the vehicle.

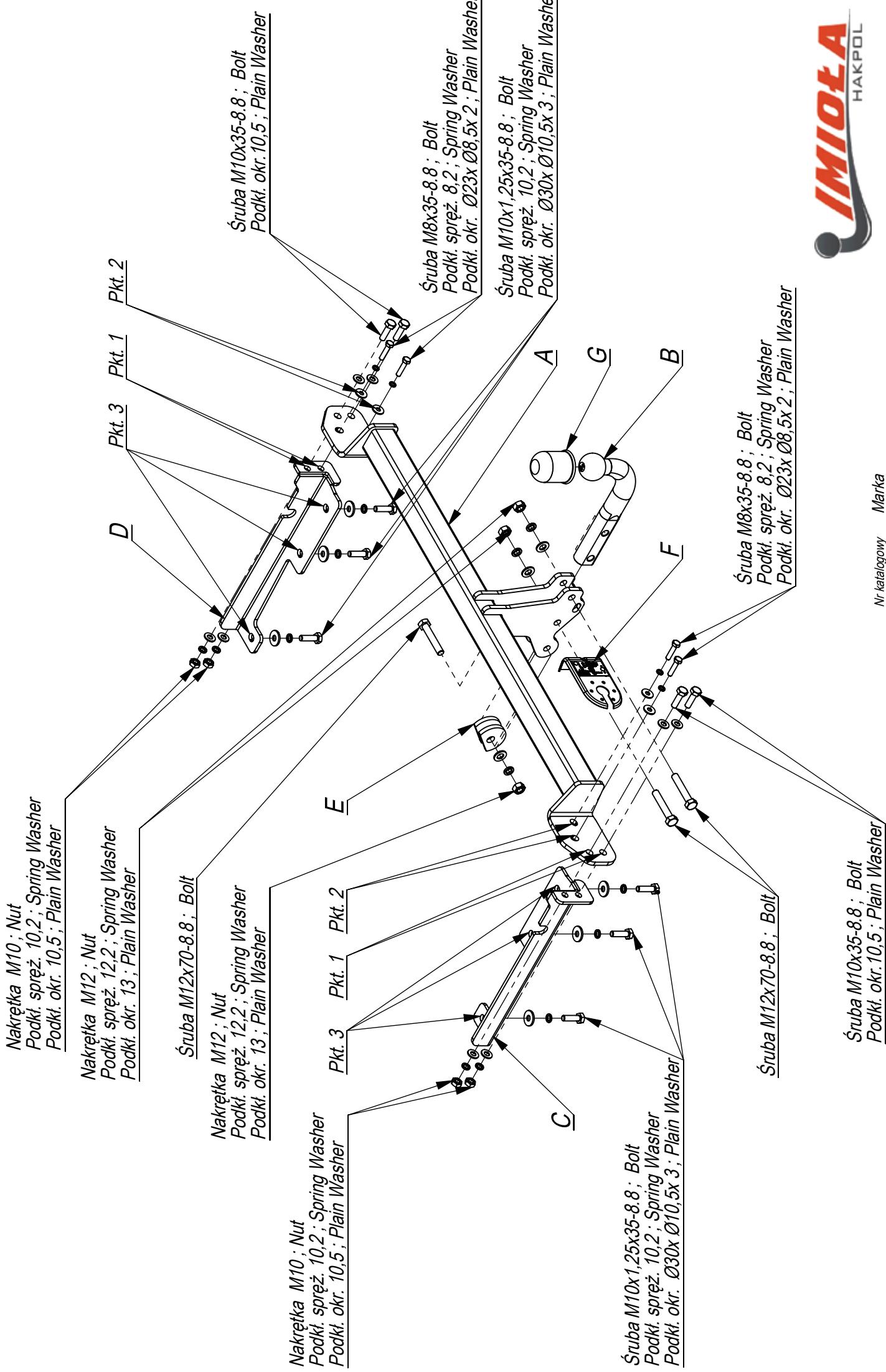
D Der Freiraum nach Anhang VII, Abbildung 25a/b der Vorschriften 55.01 EG ist zu gew 25a/b ahrleistenbei zulässigem Gesamtgewichtdes Fahrzeuges.

Moment skręcający dla śrub i nakrętek (8.8) Torque settings for nuts and bolts (8.8)	
M8	25Nm
M10	55Nm
M12	85Nm
M14	135Nm
M16	195Nm





	A	x1		M12x70	3
	B	x1		M12	3
	C	x1		M10	4
	D	x1		Ø30xØ10,5x3	6
	E	x2		Ø23xØ8,5x2	4
	F	x1		13	3
				10,5	6
				12,2	2
				10,2	10
				8,2	4
	G	x1			



Nr katalogowy Marka
H/023 Honda CR-V

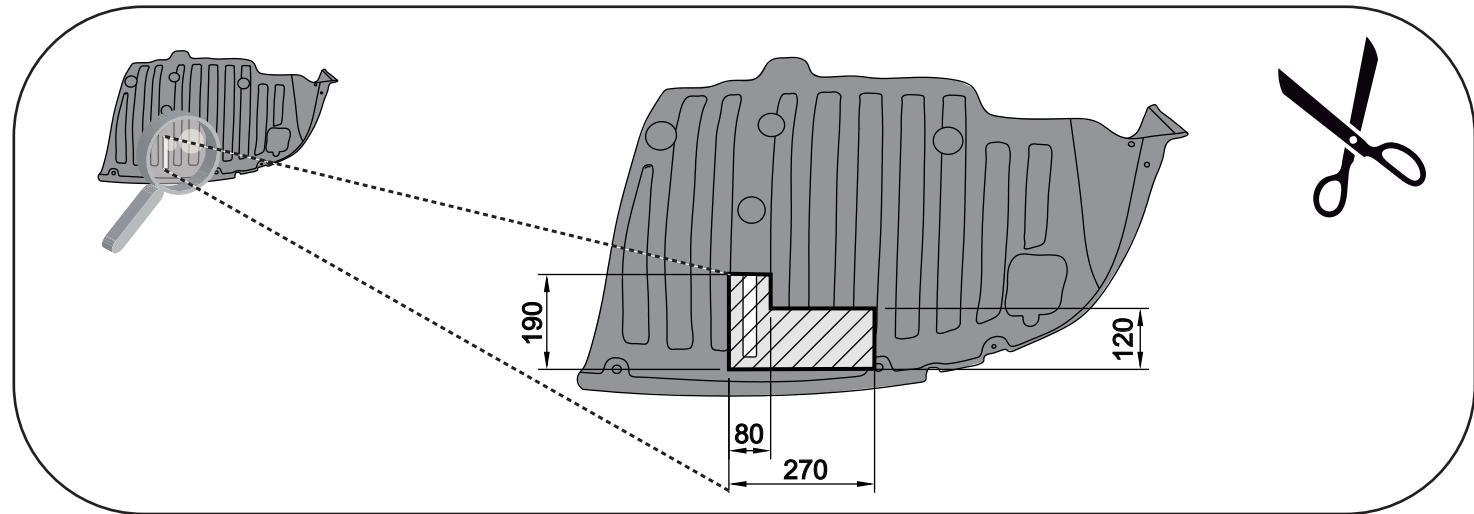
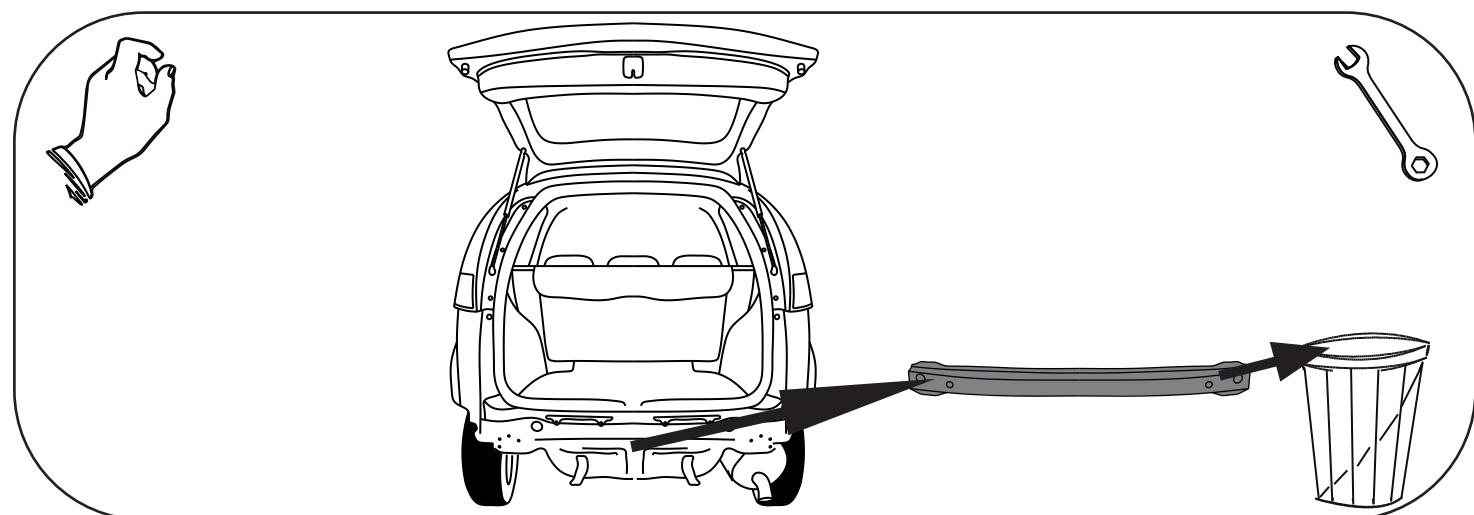
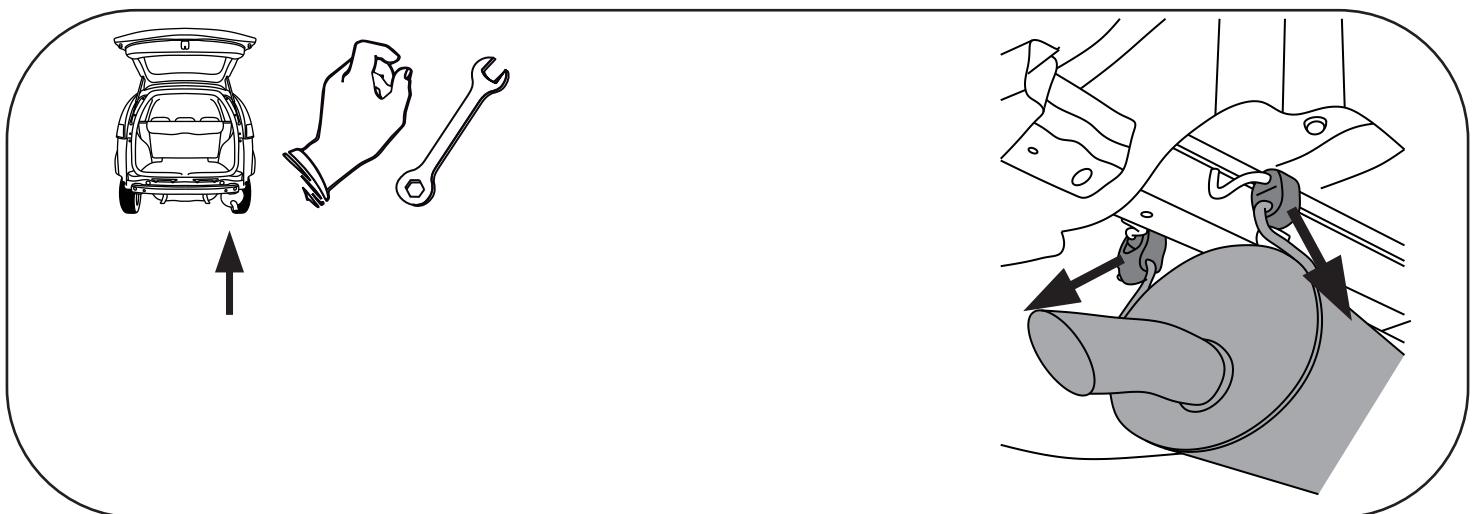
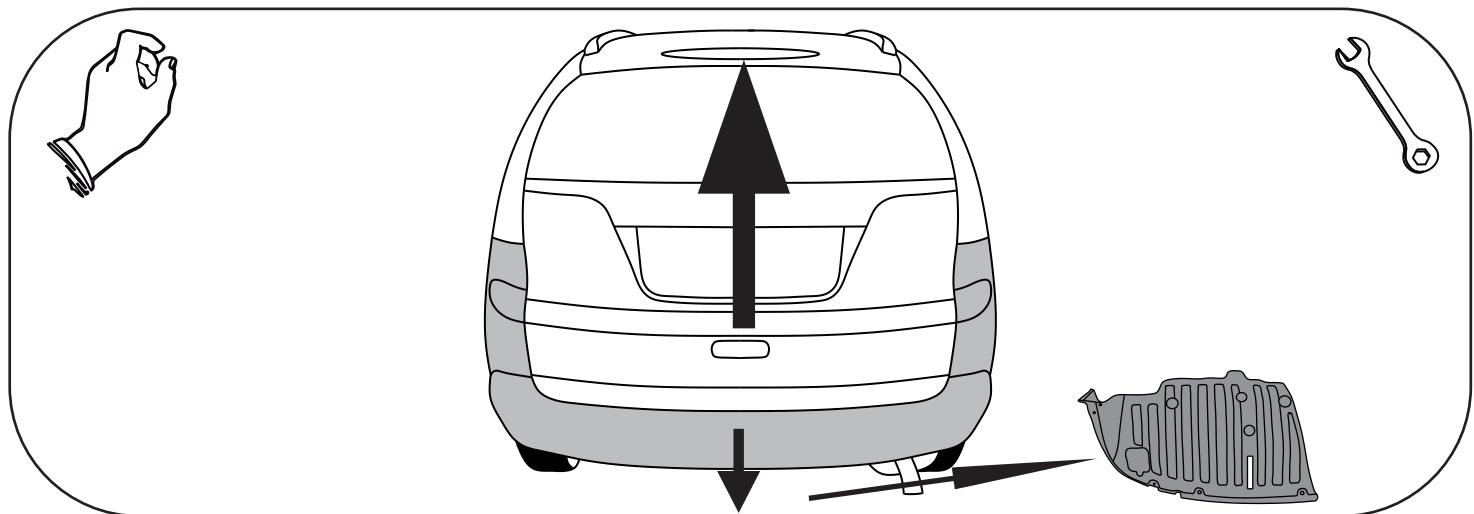
96-111 Kowlesy, Chojnata 23 A
tel. +48 46 831 73 31

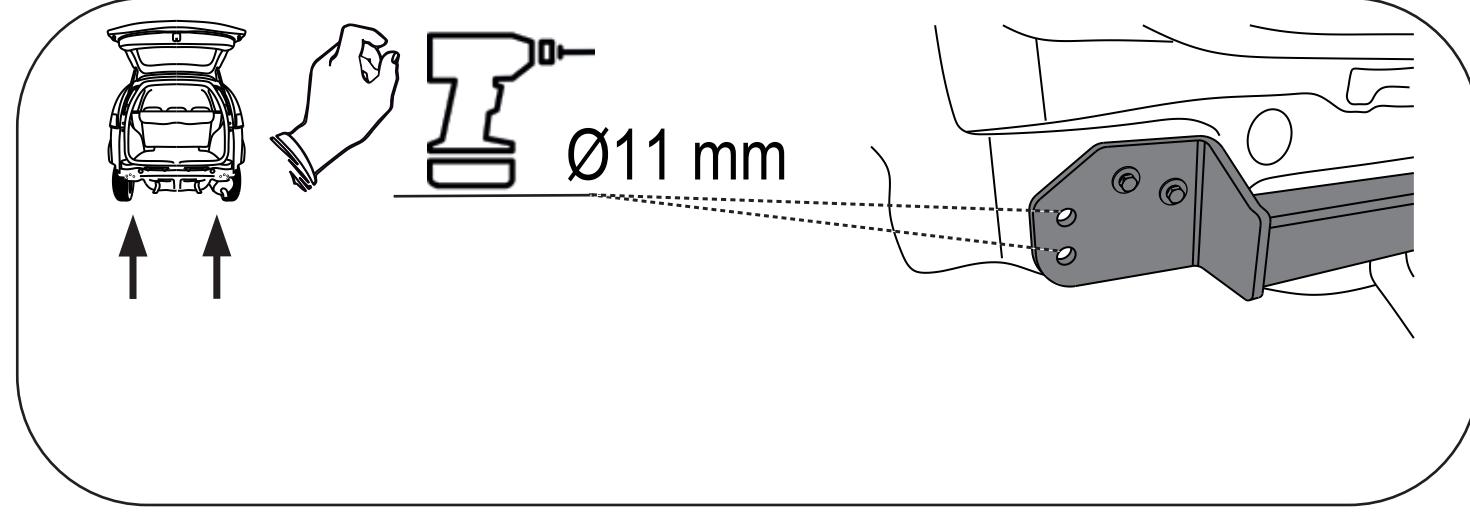
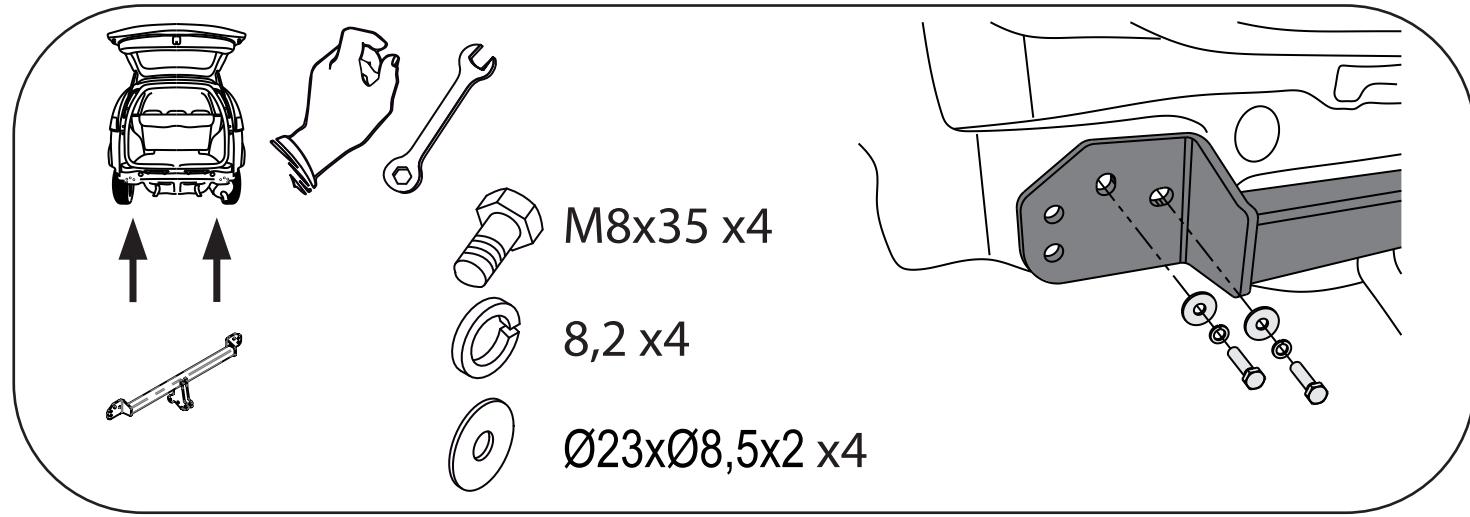
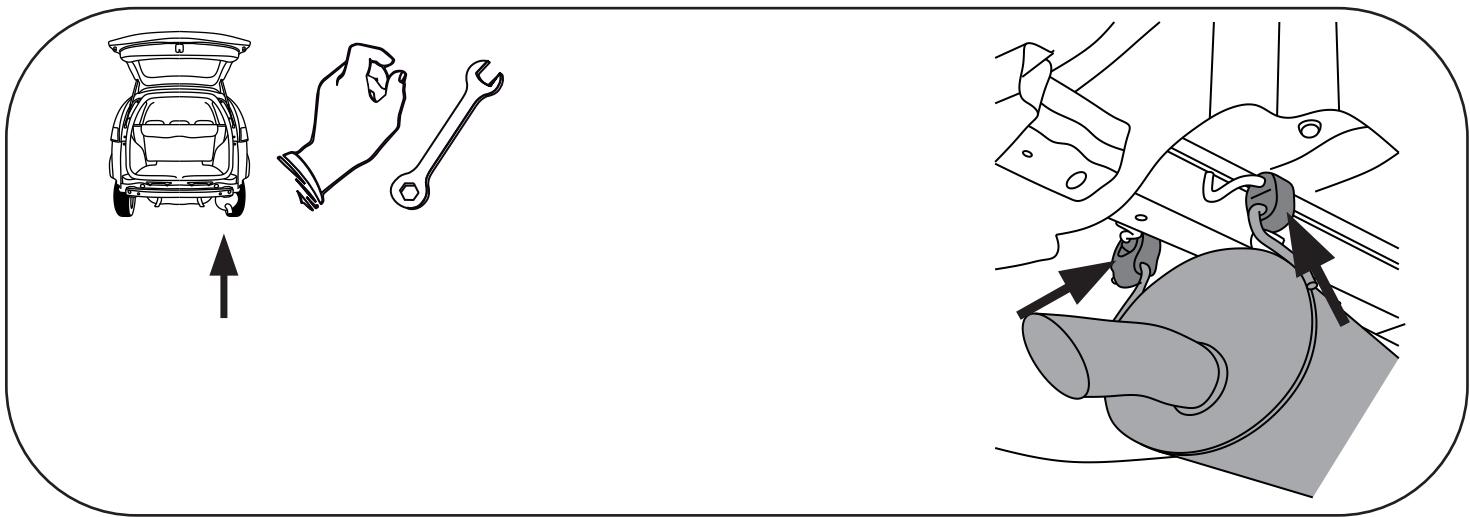
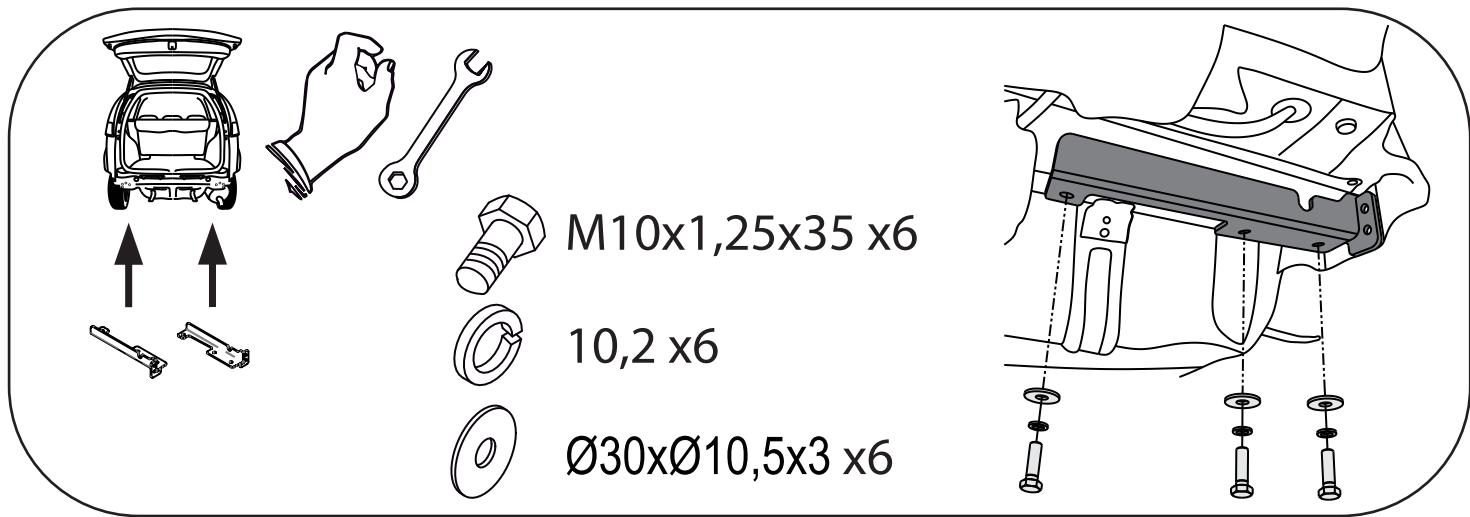
HAKPOL
HAKPOL

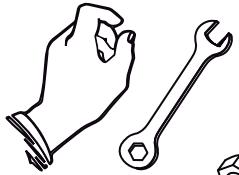
od 11/2012 ->
Honda CR-V

- Odkręcić plastikową osłonę podwozia.
- Odpiąć podłączenie czujników cofania oraz świateł przeciwmgłowych.
- Odkręcić zderzak.
- Opuścić tłumik z zawiesia.
- Usunąć fabryczne śruby M8x90 8.8 (pkt 4).
- Przykręcić elementy boczne C, D i E śrubami M10x90 1,25 (pkt 3,5,6) i śrubami M8x90 8.8 (pkt 4).
- Przykręcić belkę haka A do elementów C, D śrubami M10x60 8.8 (pkt 1), śrubami M8x30 8.8 (pkt 2) stosując tulejki H.
- Dokręcić wszystkie śruby z momentem według tabeli.
- Podłączyć instalację elektryczną.
- Wykonać wycięcie w plastikowej osłonie na uchwyty kuli.
- Przykręcić zderzak.
- Podłączyć czujniki cofania oraz światła przeciwmgłowe.
- Dokręcić kulę i blachę gniazda elektrycznego.

- Unscrew the plastic cover of the chassis.
- Disconnect the connector of parking sensors and fog lamps.
- Unscrew the bumper.
- Lower the muffler from the hanger.
- Remove the original bolts M8x90 8.8 (point 4).
- Screw the side elements C, D and E with bolts M10x90x1,25 (point 3, 5, 6) and M8x90 8.8 (point 4).
- Screw the main bar A to the elements C, D with bolts M10x60 8.8 (point 1) and M8x30 8.8 (point 2) using distance sleeves H.
- Tighten all the bolts according to the torque setting- see the table.
- Connect the electric wires.
- Cut out the fragment in the plastic cover to place the towball handles.
- Screw the bumper.
- Connect the parking sensors and fog lamps.
- Fix the towball and electric plate.







M10x35 x4



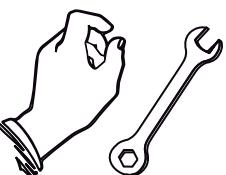
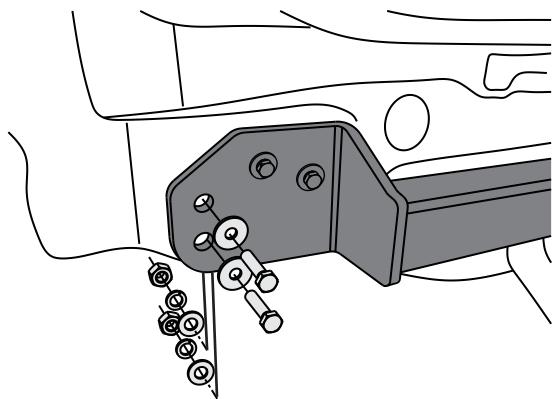
10,2 x4



10,5 x8



M10 x4



M12x70 x1



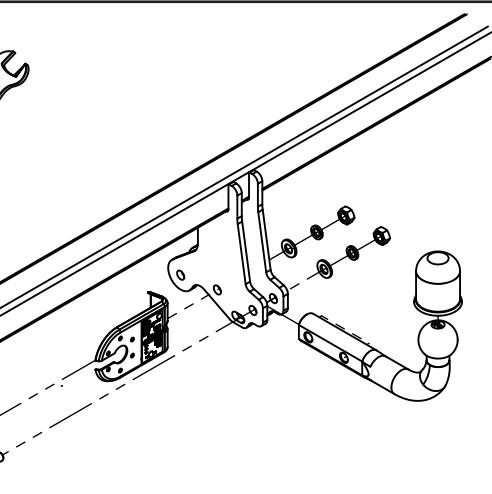
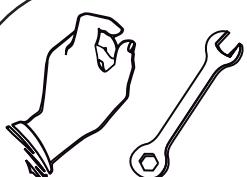
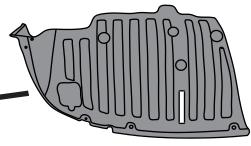
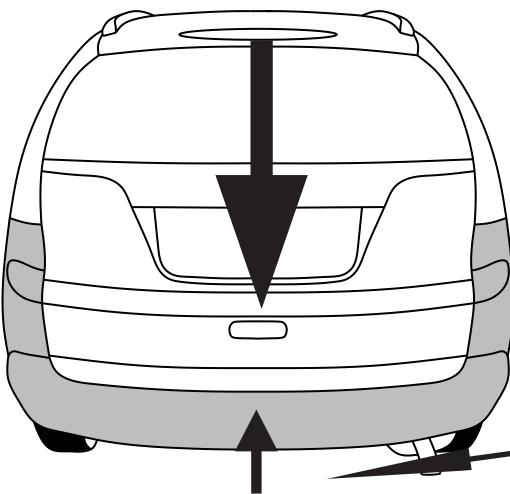
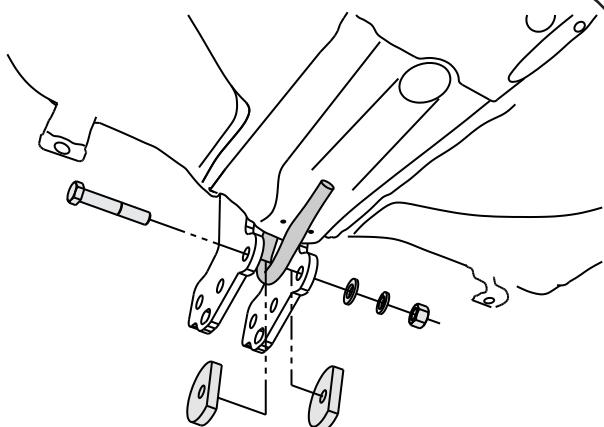
12,2 x1



13 x1



M12 x1



M12x70 x2



12,2 x2



13 x2



M12 x2